**J Frame**

<table>
<thead>
<tr>
<th>START POSITION:</th>
<th>Standing anywhere in the shooting area</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>GUN READY CONDITION:</strong></td>
<td>Handgun loaded and holstered.</td>
</tr>
<tr>
<td><strong>SCORING:</strong></td>
<td>Comstock, 32 rounds, 160 points</td>
</tr>
<tr>
<td><strong>TARGETS:</strong></td>
<td>16 metric</td>
</tr>
<tr>
<td><strong>SCORED HITS:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>START-STOP:</strong></td>
<td>Audible - Last shot</td>
</tr>
<tr>
<td><strong>RULES:</strong></td>
<td>USPSA current edition</td>
</tr>
</tbody>
</table>

**STAGE PROCEDURE:** Upon start signal engage targets

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**Diagram:**
- Illustrated setup showing targets and shooting area.
- Markings and elements typical of a shooting range.

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**Notes:**
- J Frame is a specific stage in practical shooting.
- Details on equipment and rules are provided for clarity.
**START POSITION:** Standing anywhere outside of the shooting area

| **GUN READY CONDITION:** Handgun loaded with chamber empty, hammer down, laying flat on either barrel. | **SCORING:** USPSA 28 rounds 140 points |
| **TARGETS:** 13 metric 2 steel |
| **SCORED HITS:** |
| **START-STOP:** Audible - Last shot |
| **RULES:** USPSA current edition |

**STAGE PROCEDURE:** Upon start signal engage targets as visible.
**START POSITION:** Standing anywhere in the shooting area

<table>
<thead>
<tr>
<th>GUN READY CONDITION: Handgun loaded and holstered.</th>
<th>SCORING: USPSA 32 rounds 160 points</th>
</tr>
</thead>
<tbody>
<tr>
<td>TARGETS: 16 metric</td>
<td>RULES: USPSA current edition</td>
</tr>
</tbody>
</table>

**STAGE PROCEDURE:** Upon start signal engage targets as visible from within the shooting area.

**SCORED HITS:**

**START-STOP:** Audible - Last shot

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Which way first?

<table>
<thead>
<tr>
<th>START POSITION: Hands on X’s</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>GUN READY CONDITION:</strong> Handgun loaded and holstered.</td>
</tr>
<tr>
<td><strong>SCORING:</strong> USPSA 32 rounds 160 points</td>
</tr>
<tr>
<td><strong>TARGETS:</strong> 14 metric 4 steel</td>
</tr>
<tr>
<td><strong>SCORED HITS:</strong></td>
</tr>
<tr>
<td><strong>START-STOP:</strong> Audible - Last shot</td>
</tr>
<tr>
<td><strong>RULES:</strong> USPSA current edition</td>
</tr>
</tbody>
</table>

[Diagram of shooting targets and course layout]
**START POSITION:** Standing with toes on either set of X’s

<table>
<thead>
<tr>
<th><strong>GUN READY CONDITION:</strong> Handgun loaded and holstered.</th>
<th><strong>SCORING:</strong> USPSA 19 rounds 65 points</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TARGETS:</strong> 6 metric 7 steel</td>
<td><strong>RULES:</strong> USPSA current edition</td>
</tr>
</tbody>
</table>

**SCORED HITS:**

**START-STOP:** Audible - Last shot

**STAGE PROCEDURE:** Upon start signal engage targets as visible. PP2 activates max trap.

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![Diagram of Keep A Knockin’ stage and targets](image-url)
Still a hosefest?

START POSITION: Standing with heels on either set of XXs, hands relaxed at sides

<table>
<thead>
<tr>
<th>GUN READY CONDITION: Handgun loaded and holstered.</th>
<th>SCORING: USPSA</th>
</tr>
</thead>
<tbody>
<tr>
<td>STAGE PROCEDURE: Upon start signal engage targets as they become visible</td>
<td>TARGETS: 12 metric</td>
</tr>
<tr>
<td></td>
<td>SCORED HITS: 120 points</td>
</tr>
<tr>
<td></td>
<td>START-STOP: Audible - Last shot</td>
</tr>
<tr>
<td></td>
<td>RULES: USPSA current edition</td>
</tr>
</tbody>
</table>
START POSITION: Standing with toes on either set of Xs

<table>
<thead>
<tr>
<th>GUN READY CONDITION: Handgun loaded and holstered.</th>
<th>SCORING: USPSA 20 rounds 100 points</th>
</tr>
</thead>
<tbody>
<tr>
<td>TARGETS: 9 metric 2 steel</td>
<td>RULES: USPSA current edition</td>
</tr>
<tr>
<td>SCORED HITS: Audible - Last shot</td>
<td></td>
</tr>
<tr>
<td>START-STOP: Audible - Last shot</td>
<td></td>
</tr>
<tr>
<td>STAGE PROCEDURE: Upon start signal engage targets as visible from within the shooting area. PP1 activates both clam shell targets.</td>
<td></td>
</tr>
</tbody>
</table>
**Stick and Move**

**START POSITION:** Hands on X of no shoot target

**GUN READY CONDITION:** Handgun loaded and holstered.

**SCORING:** USPSA 31 rounds 155 points

**TARGETS:** 13 metric 5 steel

**SCORED HITS:**

**START-STOP:** Audible - Last shot

**RULES:** USPSA current edition

**STAGE PROCEDURE:** Upon start signal engage targets as visible from within the shooting area.
START POSITION: Standing in the shooting area, heels on XX’s, hands relaxed at sides.

GUN READY CONDITION: Handgun loaded and holstered.

STAGE PROCEDURE: Upon start signal engage targets as they become visible.

SCORING: Comstock, 28 rounds, 140 points

TARGETS: 10 metric, 8 steel

SCORED HITS: Audible - Last shot

RULES: USPSA current edition

Setup note- target behind barrels only visible from port
START POSITION: Standing outside the shooting area

<table>
<thead>
<tr>
<th>GUN READY CONDITION: Handgun loaded and holstered.</th>
<th>SCORING: USPSA 31 rounds 155 points</th>
</tr>
</thead>
<tbody>
<tr>
<td>STAGE PROCEDURE: Upon start signal engage targets as visible from within the shooting area</td>
<td>TARGETS: 31 steel</td>
</tr>
<tr>
<td>SCORED HITS:</td>
<td>START-STOP: Audible - Last shot</td>
</tr>
<tr>
<td>RULES: USPSA current edition</td>
<td></td>
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</table>